



**TURTLE CONCEPTS**

EMAIL US TO BOOK A SESSION  
[TURTLECONCEPTSINFO@GMAIL.COM](mailto:TURTLECONCEPTSINFO@GMAIL.COM)

**PRESENTS**  
**Get Some Guts!**  
**Are You Ready To**  
**Move Ahead?**

It's time to take a risk and make the first step towards a healthy lifestyle! Dave Jones discusses different ways to 'Get Guts' and emphasizes his saying 'Make the right decision some of the time because after a while it will become habit!'

**CALL TODAY! 705 945 6455**  
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