



Confidence 101 – Where Do We Start?

At a Glance:

Recommended length of session:	1 – 3 hours
Method:	Delivered via Zoom
Dates/Times:	Flexible based on your needs
Participants:	Can be adapted to all ages (elementary – elders)
Hours to be Determined:	Flexible based on your needs
Pricing:	Varies based on content, schedule, dates/times, resource materials, number of participants
Resource Material:	This session will include one activity sheet

Confidence is one of the best qualities that each person wishes to have. Turtle Concepts is known for their unique delivery and discussions on “restoring, building, refreshing, and nurturing confidence in all ages from kiddies to elders.”

This program is guaranteed to get the participant engaged in a new type of discussion. The topics are built on the years of Dave Jones and Dan Jones’ family life, rez life, school life, and adult life... and trust me, they have confidence.

The session will ask and challenge participants to look back, look within, and more importantly, look forward to understanding confidence, and how it looks, feels, acts, and how one should respond to confident behaviour.

Dave and his team will ignite, excite and stimulate all to share, to trust, and to engage in a new exciting journey to love themselves.

Email now to find costs, choose target ages/groups, pick times, and discuss more details.