



BELONGING IS BELIEVING... THE ALTERNATIVE CARE PROGRAM - Program Overview

At a Glance:

Recommended length of session:	1.5 hours
Total Number of Sessions:	8
Method:	Delivered via Zoom
Dates/Times:	Flexible based on your needs
Participants:	Indigenous children and youth-in-care (Note: this course is adaptable to all age groups)
Pricing:	Varies based on content, schedule, dates/times, resource materials, number of participants
Resource Material:	This session will include one activity sheet per session

This program is designed for Indigenous children and youth in care who want and need to know the connection to culture and confidence and living successful lives. The program is based on the teachings that Dave and Dan Jones both received from their parents and notable elders in their lives.

The connection to their “confidence” is based in being proud to be Anishnabe. They grew up with such a strong sense of pride in the teachings, the ceremonies they attended, the lectures, the visits and ways put forward to them that it was inevitable that they only “know how to be proud to be Indigenous!” The beauty is their combined ability to share stories, connect Turtle speakers, challenge old ideas, teach forgiveness, add specific skills, and grow positively and promote happiness.

This program is excellent as it combines mental health strategies with life skills that most “take for granted.” Phone etiquettes, banking, meeting people, introducing yourself, cooking skills, style skills, etc... these little things contribute to confidence and the Turtle technique is tried and true to be fun, exciting, and more relatable than any other program.

Dave will share childhood stories of attending ceremonies and events that contributed greatly to his understanding of being proud. He will share techniques and solutions to help one process and rethink “stuff that should have never been said to a child/youth/adult that confuses their journey!”

Dan will share how his siblings enhanced his identity to be more “intergenerationally exciting” based on the “intergenerational traumas” that his family experienced. He will speak to the positive messages on identity that contributed to his confidence in all experiences, and how he has used that to educate and inspire others onto more.

Lastly, Turtle Concepts will invite others who have been in alternative care situations. They will share their messages of hope, the skills acquired and the journey to BE MORE, LOVE MORE, CONNECT MORE and LIVE MORE. All done with culture and confidence and contemporary presence.